

**Here is a story written for young children to help explain the upcoming over-70s isolation.**

## GRANDPA & THE COSY WEEKS

“Soon it will be time for The Cosy Weeks”, said Grandpa,

“What’s that?” said Small Rabbit

“It’s when us older rabbits spend a few weeks in the house doing cosy things?”

"Like what?"

“Well, I shall do cosy watching telly and cosy eating dinner and I might do some cosy gardening in my window box,” said Grandpa.

“Can I come?” said Little Rabbit.

“Not this time”, said Grandpa, “These Cosy Weeks are just for us older folk to help us not get ill.”

“What will you eat in the Cosy Weeks?” said Little Rabbit.

“I will eat all the yummy things in my cupboards and I might bake a special cosy cake. “

“But what happens if you run out of food?” said Little Rabbit.

“You can deliver food to my doorstep,” said Grandpa.

“Can I come in for tea?”

“Not this time”, said Grandpa. “But we can have a video tea.”

“A video tea?”

“Yes, I will cook up my tea in my house and you can cook up your tea in your house. And at five o’clock we will ring each other on video and we can talk whilst we eat our tea. It will be a special cosy-over-the-phone-tea.”

“What if your tea looks nicer than my tea,” said Little Rabbit, “and I want to eat your tea?”

“Hmmm,” thought Grandpa Rabbit...“How about I cook your favourite cosy tea and you can cook the same cosy tea, from the same recipe. Then we can eat the same cosy-over-the-phone-tea.”

“It will be just like we are in the same place, eating the same food, at the same time,” said Little Rabbit. I like the sound of that. Happy Cosy Weeks Grandpa.”